

# Show your neighbours they're not alone.

At the moment some of your neighbours might need help with things like grocery shopping, sending mail or something else.

If you'd like to offer some help, simply download, print and fill in one of these flyers and pop it in their letterbox. Only offer to help as much as you can – you need to keep yourself well too. Please use this template responsibly to spread kindness throughout your community.



## Keeping our community connected.

Dear Neighbour,

My name is \_\_\_\_\_ and I live in your local area.

I'm offering to support our community during this tough time.

If you're isolated due to COVID-19, I can help you stay connected by:

- Picking up shopping       Urgent supplies       Posting your mail
- Other \_\_\_\_\_

If I can help you, please send me a text or call me on: \_\_\_\_\_



EVERYONE MATTERS



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